

Twenty-Six (26) Chronic Medical Conditions

Addison's disease (progressive anaemia)	Crohn's disease (swelling of the intestines)
Asthma (attacks of spasm & difficulty in breathing)	Diabetes insipidus
Bronchiectasis (chronic lung disease)	Diabetes mellitus types 1 & 2
Cardiac failure (Heart disease)	Dysrhythmias (irregular heartbeat)
Cardiomyopathy (heart disease)	Epilepsy (convulsions).
Chronic obstructive pulmonary disorder (lung disease)	Glaucoma (gradual loss of sight).
Chronic renal disease (kidney disease)	Haemophilia (severe bleeding)
Coronary artery disease (heart disease)	HIV/Aids
Hyperlipidaemia (too much fats in the blood or cholesterol)	Parkinson's disease (body shakes)
Hypertension (abnormally high blood pressure)	Rheumatoid arthritis (inflammation in the joints)
Hypothyroidism (underactive thyroid)	Schizophrenia (mental disorder)
Multiple sclerosis (chronic central nervous system disease. It affects the brain, spinal cord, and optic nerves)	Systemic lupus erythematosus (A chronic inflammatory condition)
Bipolar Mood Disorder (mental disorder)	Depression
Eczema (a medical condition in which patches of skin become rough and inflamed with blisters which cause itching and bleeding).	Gout (intense joint pain)
Gastro-oesophageal reflux disease (GORD)	Menopause (the end of menstruation in women aged between 45 and 50)