



# Physiotherapy & Biokinetics Benefits

The Scheme offers both **out-of-hospital** and in-hospital physiotherapy benefits (treatment of sprains, back pain, arthritis, strains, reduced mobility, etc).

## 2022 Benefits Option A



**Out of Hospital**  
**R2 250** per family per year.

## 2022 Benefits Option B



**Out of Hospital**  
**R5 020** per family per year.



**Out of Hospital**  
**Sub Limit of:**  
**R2 060** per beneficiary per year.

### CONDITIONS

- In-hospital on both options.
- Two(2) sessions, thereafter motivation is required.

*\*This benefit has a separate In and Out of hospital benefit*

