



ALTERNATIVE HEALTHCARE

Our Scheme not only covers members for visits or consultations with General Practitioners (GPs), it also covers them for alternative healthcare services.

Members are allowed to consult healthcare practitioners listed below for treatments:

- Podiatrist (refers to the medical care and treatment of the human foot).
- Homeopath (which is the treatment of ailments through the use of natural medicine).
- Chiropractor (refers to the treatment of misaligned joints).
- Naturopath (Healthcare providers who use natural therapies to support and stimulate healing).

■ 2024 Benefits Option A



R2 690

Per family per year.

This benefit is included in GP/Specialist consultation limits.

■ 2024 Benefits Option B



R4 110

Per family per year.

This benefit is included in GP/Specialist consultation limits.

Conditions

- The practitioners have to be registered with the Health Professions Council of SA or Allied Health Professionals Council of South Africa.