



PHYSIOTHERAPY & BIOKINETICS BENEFITS

The Scheme offers both **out-of-hospital** and in-hospital physiotherapy benefits (treatment of sprains, back pain, arthritis, strains, reduced mobility, etc).

2023 Benefits Option A



Out of Hospital
R2 380 per family per year.

2023 Benefits Option B



Out of Hospital
R5 310 per family per year.



Out of Hospital
Sub Limit of:
R2 180 per beneficiary per year.



CONDITIONS

- In-hospital on both options.
- For non-PMB Two (2) sessions only, thereafter motivation is required.

**This benefit has a separate In and Out of hospital benefit*

