2022 MEMBER GUIDE

WE HAVE UNLOCKED
PRIVATE HEALTHCARE FOR MUNICIPAL WORKER

SAMWUMED provides **HIGH VALUE** medical aid benefits for Municipality Workers at **Affordable contributions!**

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SAMWUMED
Real Heritage. Real People. Real Health Care.

MISSION STATEMENT

We commit ourselves to service excellence by providing the most affordable, member friendly, accessible and accountable scheme and administration

VISION

- To be the leading medical scheme in the local government sector
- To provide a holistic and progressive primary health service nationally
- To provide guaranteed affordability by offering appropriate benefits and access to the best medical services
- To create healthy and satisfied members through education and efficient administration in a member-friendly environment
- Commitment to the principle of non-profit and to remain sustainable
- To be one of the most desired organisations to work for in South Africa
- To promote a clean, healthy and sustainable environment

VALUES

- Member centric
- Responsibility
- Integrity
- Discipline
- Accountability
- Ubuntu
- Value of the self, organisation and society

Disclaimer: This Member Guide is prepared and distributed for purposes of providing you with essential information to help you select the best benefit option for you and your family. It is not a full guide to the Scheme Rules and Benefits and does not supersede the Scheme Rules. All contributions and benefit options presented in the 2022 Member Guide are subject to the approval by the Council for Medical Schemes. Kindly familiarise yourself with your chosen benefit option and note where pre-authorisations, motivations and or letters of referral are required to access benefits.

OUT WITH THE OLD...
IN WITH THE NEW!

SAMWUMED is ushering the new year with a new and revamped **Website**

It's easy to navigate, still packed with useful member information and boasts our popular and convenient Live Chat, so you don't have to queue at the call centre.
2021 is old. **Welcome 2022 with something new.**

SAMWUMED
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CONTENTS

GLOSSARY OF TERMS USED IN THIS GUIDE

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BENEFIT LIMIT
The maximum amount that the member or dependent is entitled to for a specific benefit category, taking into account the Scheme Rules and Scheme Tariff paid for goods, services or appliances.

CO-PAYMENT
The part of the account that a member pays in situations where the benefit does not cover the relevant health service, or when the provider charges fees that are higher than the Scheme Tariff.

DEPENDANT
A spouse or partner, child or parent who is dependent on the member for care and support.

PBPA
Per Beneficiary Per Annum.

DESIGNATED SERVICE PROVIDER (DSP)
The maximum amount that the member or dependent is entitled to for a specific benefit category, taking into account the Scheme Rules and Scheme Tariff paid for goods, services or appliances.

DESIGNATED SERVICE PROVIDER (DSP)
The service provider that the Scheme has chosen to provide certain medical care for PMBs.

EXCLUSIONS
Any treatment, medications, appliances or similar that are not covered in terms of the Rules of the Scheme.

FORMULARY
A list of medicines.

ICD-10 CODE
The International Classification of Diseases (ICD), – 10. A system that organises diseases and the complications connected to these diseases according to specific categories.

MEDICAL SCHEMES ACT
The law that governs all medical schemes in South Africa.

OVERALL ANNUAL LIMIT (OAL)
The limit that every member and their dependants cannot exceed during each benefit year.

6 GLOSSARY OF TERMS USED IN THIS GUIDE

PRE-AUTHORISATION

The prior approval of scheduled surgeries and procedures. Whenever hospitalisation is required (ER, triage, scans and casualty ward) this must be confirmed with the Scheme and Managed Care. Please also note that there are certain day-to-day benefits that require pre-authorisation.

PRE-EXISTING MEDICAL CONDITION

A medical condition or illness that already exists at the time a member or their dependant joins the Scheme.

PRESCRIBED MINIMUM BENEFITS (PMBs)

A list of conditions, specified in the Medical Schemes Act 131 of 1998, for which all members are entitled to treatment.

PRESCRIBED CYCLES

The number of times a member is allowed to access certain benefits during a specific benefit year(s).

PREFERRED PROVIDER

A provider that the Scheme has negotiated favourable rates with and that can be used as an alternative to a DSP in the event of an emergency. A Preferred Provider may also be used if a DSP is not within reasonable travelling distance or does not offer the treatment or services required.

PRO-RATED BENEFITS

Benefits allocated to a member based on the number of contributions they have paid. This applies to members who join after March of the benefit year.

SCHEME TARIFF

The rate according to which the Scheme pays for claims.

SUB-LIMIT

Forms part of a broader benefit category.

WAITING PERIOD

A period during which members will not be covered even though they are paying contributions.

OVER THE COUNTER

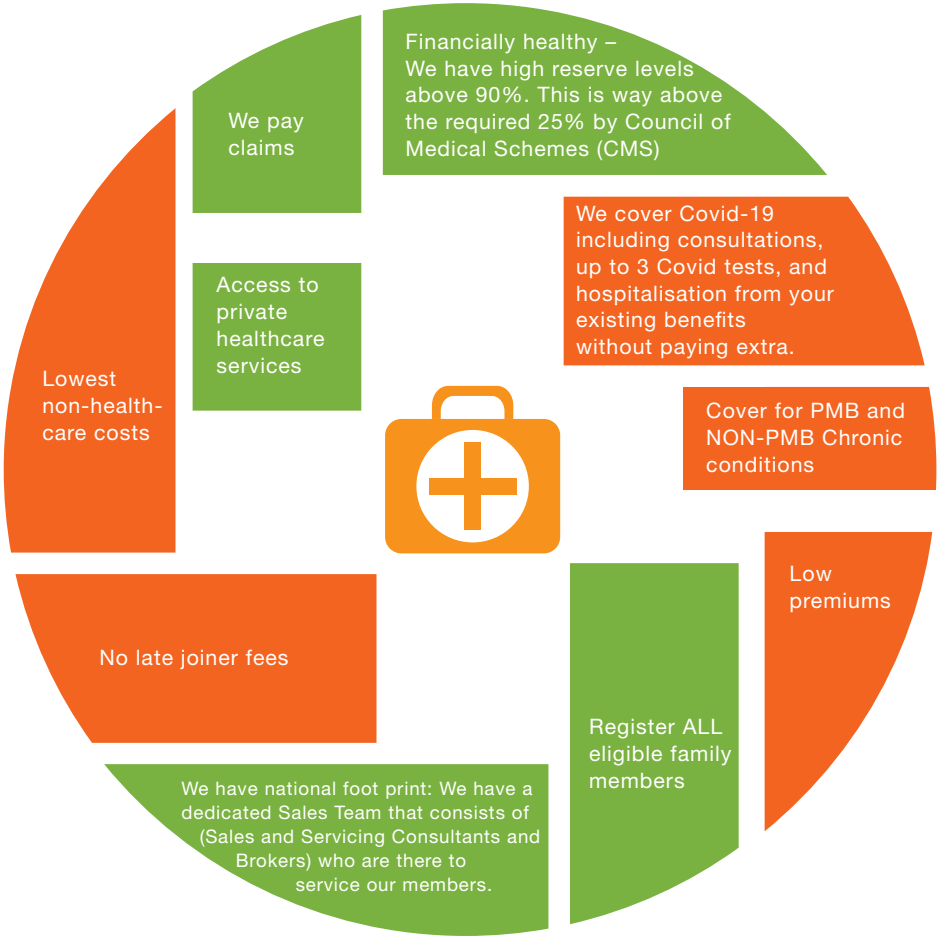
This is medicine that may be sold at pharmacies or other shops without a doctor's prescription.

REASONS WHY WE ARE THE BEST MEDICAL AID FOR YOU

If you are already a member of SAMWUMED, we assure you that you have made the right decision in joining and staying with our Scheme.

If you are still looking for a medical aid cover, we hope the below information will assist you in making the best decision of your life in joining SAMWUMED.

There are many good reasons to Join and Stay with SAMWUMED including



8 OVERALL BENEFIT IMPROVEMENTS 2022

OVERALL BENEFITS IMPROVEMENTS

Increase on all Scheme Benefit General Practitioners - Improvements.

Family Practitioners Network – encourage better quality of service of our members.

Medication Improvements

We have introduced a **Multi-Vitamin** benefit of R100 per family per month.

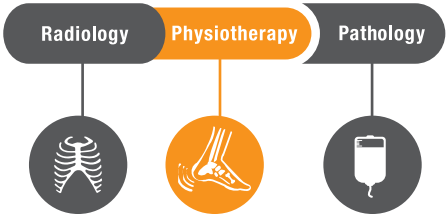
Improvement on Over The Counter medication for **Option A** is **R2 000.00** per family per year and **R2 900.00** for **Option B**. It is including dispensed or acute medication limit on both options.

Formulary Improvements

On Option B we have improved the Formulary List (Medication List)

We have added additional Chronic Medication to cover Depression, GORD and GOUT on Option A and Depression, Eczema, GORD, Gout and Menopause on Option B.

IN–HOSPITAL AND OUT- OF-HOSPITAL BENEFIT IMPROVEMENTS



Cancer Benefits

We have improved our Cancer Benefits by shortening the number of years for mammograms (breast cancer scans) from every three years to every two years for female beneficiaries from age 45 – 70.

We introduced HPV vaccine to fight the HPV virus which can cause cancers later in life, to our preventative care benefits for female beneficiaries between the age of 9 and 14 years.

WHOOPING COUGH BOOSTER

Introduced **whooping cough booster** dose medication to now include beneficiaries from 7 to 64 years of age. Whooping cough is contagious disease that is characterised by convulsive coughs.

BENEFITS CAN BE GROUPED INTO TWO CATEGORIES

DAY-TO-DAY BENEFITS that you can access outside of hospital such as doctor and specialist consultations and visits, dental procedures, medication and optical care. Each benefit category is subject to limits as specified in the Scheme Rules. These benefits allow you and your family to access a wide range of healthcare services.

HOSPITAL BASED CARE BENEFITS includes hospitalisation and the treatment of Prescribed Minimum Benefit (PMB) conditions. The hospitalisation benefit makes provision for in-hospital admission or transfers to rehabilitation and step-down facilities.

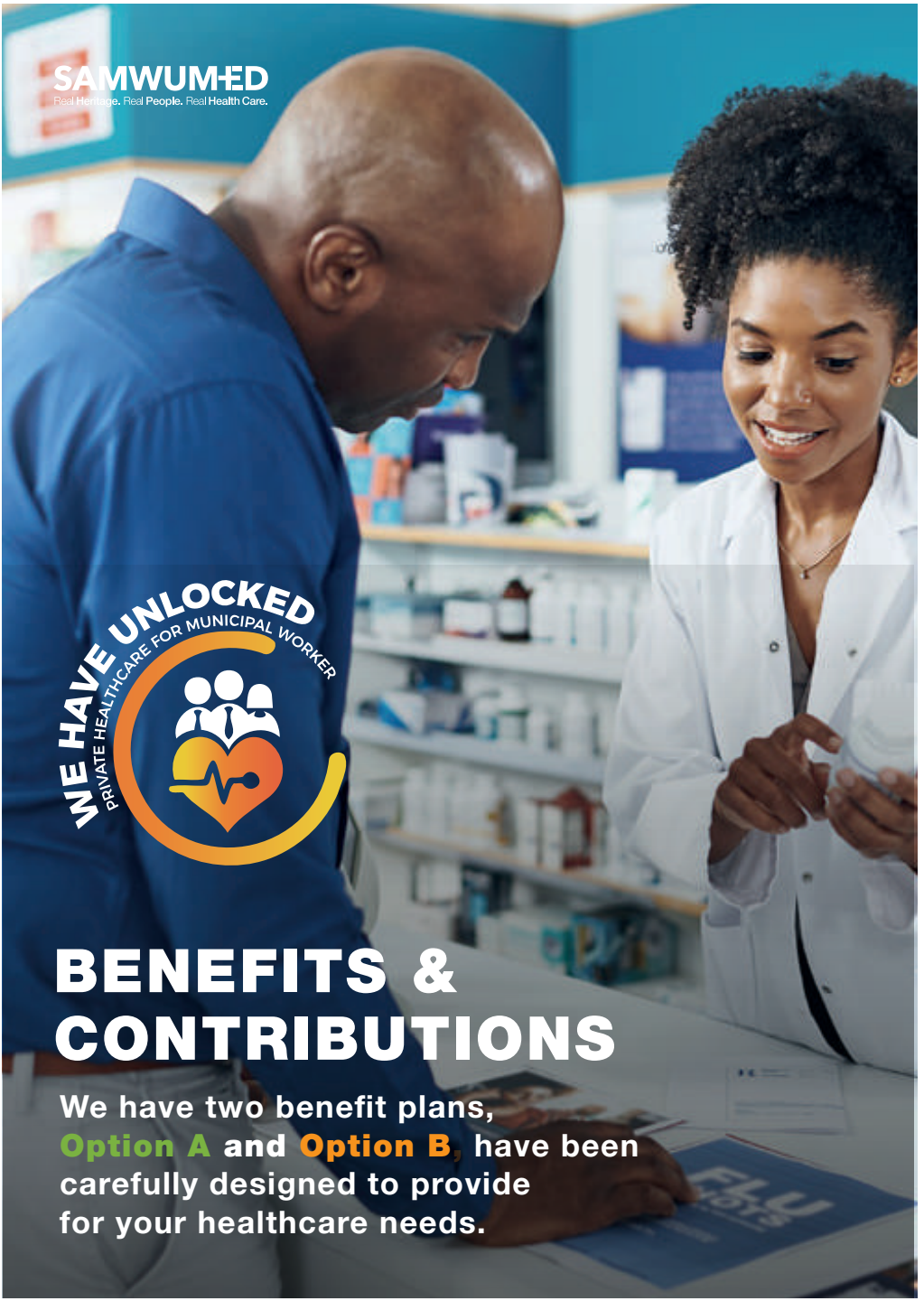
The Chronic Disease List (CDL) specifies medication and treatment for the twenty six (26) chronic conditions that are covered in this section of the PMBs:

26 CHRONIC MEDICAL CONDITIONS

- Addison's disease (progressive anaemia)
- Asthma (attacks of spasm & difficulty in breathing)
- Bronchiectasis (chronic lung disease)
- Cardiac failure (Heart disease
- Cardiomyopathy (heart disease)
- Chronic obstructive pulmonary disorder (lung disease)
- Chronic renal disease (kidney disease)
- Coronary artery disease (heart disease)
- Hyperlipidaemia (too much fats in the blood or cholesterol)
- Hypertension (abnormally high blood pressure)
- Hypothyroidism (underactive thyroid)
- Multiple sclerosis (chronic central nervous system disease. It affects the brain, spinal cord, and optic nerves)
- Bipolar Mood Disorder (mental disorder)
- Eczema (a medical condition in which patches of skin become rough and inflamed with blisters which cause itching and bleeding)
- Gastro-oesophageal reflux disease (GORD

- Crohn's disease (swelling of the intestines)
- Diabetes insipidus
- Diabetes mellitus types 1 & 2
- Dysrhythmias (irregular heartbeat)
- Epilepsy (convulsions).
- Glaucoma (gradual loss of sight).
- Haemophilia (severe bleeding)
- HIV/Aids
- Parkinson's disease (body shakes)
- Rheumatoid arthritis (inflammation in the joints)
- Schizophrenia (mental disorder)
- Systemic lupus erythematosus (A chronic inflammatory condition)
- Depression
- Gout (intense joint pain)
- Menopause (the end of menstruation in women aged between 45 and 50)

NOTE: IF YOU HAVE ANY QUESTIONS PLEASE CONTACT OUR CONTACT CENTRE ON 0860 104 117 or visit **www.samwumed.org** for a chat with one of our qualified Agents


SAMWUMED
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WE HAVE UNLOCKED
PRIVATE HEALTHCARE FOR MUNICIPAL WORKER
BENEFITS &
CONTRIBUTIONS
We have two benefit plans,
Option A and Option B, have been
carefully designed to provide
for your healthcare needs.

DOCTOR BENEFITS

2022 Benefits Option A

GP Consultations, Visits & Procedures
R3 630
per beneficiary per annum

Member Only
Benefit Available:
R3 630

Member + 1
Benefit Available:
R4 850

Member + 2
Benefit Available:
R6 050

Member + 3
Benefit Available:
R7 280

2022 Benefits Option A

Specialist Consultations + Visits and Procedures. **Benefit available R5310** per beneficiary per annum

Member Only
Benefit Available:
R4490

Member +1
Benefit Available:
R6680

Member +2
Benefit Available:
R8770

Member +3
Benefit Available:
R10960

2022 Benefits Option B

GP
& Specialist minor procedures
R7 120,
per beneficiary per annum

Member Only
Benefit Available:
R4 390

Member + 1
Benefit Available:
R7 120

Member + 2
Benefit Available:
R9 670

Member + 3
Benefit Available:
R12 050

GP & SPECIALIST CONSULTATIONS, VISITS AND PROCEDURES

Option A

Members and their dependents on Option A are covered for treatments by GPs, either at the GPs' rooms or the members' home.
They, along with their dependents are also covered for Emergency treatment and procedures.

Condition

- The Emergency Treatment sub-limit is included in GP Consultations, visits and procedures limit. **Option A amount R1 360.**
- Aside from GP Consultations,Visits and Procedures, Members on Option A receive additional benefits in the form of **Specialists Visits and Consultations and Tests.**
- The benefits are subject to the Scheme's network of doctors.

Option A

- GP & Specialist, and minor Procedures
- **Subject to Pre Authorisation**

Option B

- GP & Specialist, and minor Procedures
- **Subject to Pre Authorisation**

R8900.00
Per family per year

Visit our website: www.samwumed.org

12 MEDICATION BENEFITS

The Scheme covers members on both **Option A** and **Option B** and their dependents for various types of medication, including prescribed, dispensed for acute; or a chronic condition including over the counter medicines.

Prescribed

A drug or medicine that legally requires a letter or prescription from a medical Practitioner for a pharmacy or any place that dispenses medicine to make it available to the member and or his or her dependents.

Acute

This is medicines that have been issued by the GP but not added to a member's repeat prescription records). For the member to get additional medicines, they require a visit to their GP for a review before it is added onto their repeat prescription.

Dispensed

Dispensing refers to the process of preparing and giving medicine to a named person on the basis of a prescription.

Over-the-counter medicine

This is medicine that may be sold at pharmacies or other shops without a doctor's prescription.

HIGHLIGHTS

We have added Chronic Medication to cover:-
Depression, GORD & Gout

We have improved the Formulary List (Medication List)
We have added additional Chronic Medication to cover:
Depression,Eczema, GORD, Gout & Menopause

Condition

- Members will pay 25% co-payment (payment by the member of a portion of the cost incurred) if they use a pharmacy that is not on the Scheme's list of service providers or if they use out-of-formulary medication or medicines that are outside of those recommended by the Scheme.
- To access Chronic medication, your treating doctor will need to call, Medscheme on **0860 33 33 87** to register your Chronic Medication

MEDICATION BENEFITS

2022 Benefits Option A

Benefit available **R3 430** per beneficiary per annum as follows:

Member Only
Benefit Available:
R2 010

Member + 1
Benefit Available:
R3 430

Member + 2
Benefit Available:
R4 750

Member + 3
Benefit Available:
R6 290

Medication is subject to the Scheme's medicine list (formulary).

Over the Counter limit
per family per year.
Included with dispensed or acute medication limit.
R2000

Over the Counter Sub limit
per Script beneficiary per claim
R170

2022 Benefits Option B

Benefit available **R5 170** per beneficiary per annum as follows:

Member Only
Benefit Available:
R3 920

Member + 1
Benefit Available:
R5 170

Member + 2
Benefit Available:
R7 890

Member + 3
Benefit Available:
R10 400

Medication is subject to the Scheme's medicine list (formulary).

Over the Counter limit
per family per year.
Included with dispensed or acute medication limit.
R2 900

Over the Counter Sub limit
per Script beneficiary per claim
R210

HOSPITAL BENEFITS

2022 Benefits Option A

SPECIFIC HOSPITALISATION BENEFITS
- In-patient: **R866 000** per family per year.

Maternity caesarean section and Normal delivery
- Caesarean: **R28 160** per beneficiary per year.
- **Normal delivery:** No amount allocated for normal delivery.
- Scheme rules and protocol apply.

Blood Transfusion:
- Included with In-Patient benefit.

Renal Dialysis:
- Included with In-Patient benefit PMB Only

Organ Transplant: In and Out of Hospital
- Out of Hospital: Subject to Overall Annual Limit.
- In-Hospital: Included with In-patient limit

Oncology:
- Out of Hospital: Non PMB subject to **R219 000.**
- In-Hospital: Subject to Annual Limit.

Alternatives to Hospitalisation:
- Private Nursing, Frail Care, Hospice & Step Down Facilities Included with In-patient benefits.

Option A

Conditions
The conditions to access the benefits are the following:

Members will need a pre-authorisation or approval before hospitalisation (1 business day before admission or on the first working day after an emergency hospital admission. Failure to do so, will result in a **R1000 co-payment).**

Members are required to be hospitalised and treated at Scheme network hospitals or pay 25% co-payment.

Scheme rules and PMB protocols apply.

Option B

Conditions
The conditions to access the benefits are the following:

Members will need a pre-authorisation or approval before hospitalisation (1 business day before admission or on the first working day after an emergency hospital admission. Failure to do so, will result in a **R1000 co-payment).**

Members are required to be hospitalised and treated at Scheme network hospitals or pay 25% co-payment.

Scheme rules and PMB protocols apply.

2022 Benefits Option B

SPECIFIC HOSPITALISATION BENEFITS
- In-patient: **R1 731 000** per family per year.

Maternity caesarean section and Normal delivery
- Caesarean: **R30 130** per beneficiary per year.
- **Normal delivery:** No amount allocated for normal delivery.
- Scheme rules and protocol apply.

Blood Transfusion:
- Included with In-Patient benefit.

Renal Dialysis:
- Included with In-Patient benefit

Organ Transplant: In and Out of Hospital
- Out of Hospital: Subject to Overall Annual Limit.
- In-Hospital: Included with In-patient limit.

Oncology:
- Out of Hospital: Non PMB subject to **R329 000.**
- In-Hospital: Subject to Annual Limit.

Alternatives to Hospitalisation:
- Private Nursing, Frail Care, Hospice & Step Down Facilities Included with In-patient benefits.

2022 Benefits Option A

Per family subject to prescribed cycles **R7 280**

R2 410 per beneficiary per year.

Frames: **R930** per beneficiary every 2 years

White lenses: **100% of the lower cost** Covered at 100% Scheme rates.

Eye Test: Covered at **100% Scheme rates,** limited to one per beneficiary per year.

Photochromic lenses: **100% of the lower cost or Scheme Rates.** Up to a maximum of **R430** per pair and subject to a prescription of +0.50/-0.50 and above. Fixed or gradient tints up to 35%

OPTICAL

SAMWUMED members on both Option A and Option B qualify for optical (eye) cover.

Option A members are covered for eye tests, frames and lenses.

Option B members are covered for eye tests, frames, lenses as well as contact lenses

CONDITIONS

The following conditions apply for members accessing the optical benefits:

A visit to an ophthalmologist (treatment of disorders and diseases of the eye) requires a referral from an optometrist (eye care practitioner) or GP.

Exclusions apply, including but not limited to repairs.

Spectacle lenses and contact lenses cannot be obtained at the same time.

Option B - Spectacle lenses and contact lenses cannot be taken at the same time. Benefits apply to either or but not both.

Two year benefit cycle applies for frames and lenses.

One eye test consultation per beneficiary per year is allowed

Option B contact lenses **R2 710**

2022 Benefits Option B

Per family subject to prescribed cycles **R9 760**

Sub limit of **R3 630** per beneficiary per year.

Frames: **R1 210** per beneficiary every 2 years

White lenses: **100% of the lower cost** Covered at 100% Scheme rates.

Eye Test: Covered at **100% Scheme rates,** limited to one per beneficiary per year.

Photochromic lenses: **100% of the lower cost or Scheme Rates.** Up to a maximum of **R430** per pair and subject to a prescription of +0.50/-0.50 and above. Fixed or gradient tints up to 35%

EXPECTING A BABY IS MEMORABLE

SAMWUMED is making it even more memorable

We've improved our existing Maternity Benefits by adding an additional ultrasound scan for the expecting mother, a bag with baby essentials and a hearing test for the new-born on both Options .

To Join SAMWUMED visit: **www.samwumed.org**

WE HAVE UNLOCKED PRIVATE HEALTHCARE FOR MUNICIPAL WORKER

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2022 MATERNITY BENEFITS OPTION A AND OPTION B.

SAMWUMED's Maternity Programme helps expecting moms to receive the help they need to better take care of themselves and their unborn baby by taking advantage of a wide range of maternity preventative care and early detection benefits.

Folic Acid
Frequency: At least first trimester of pregnancy.
Conditions: Up to first 3 months of pregnancy.

Ultrasounds
Frequency: 100% of Scheme rate.
Limited to three ultrasounds per benefit per year for maternity.
Conditions: Limited to three screenings per beneficiary per year,on Option B and two on Option A

Ante Natal Consultations
Frequency: 8 Ante-Natal consultations per maternity event.
Conditions: Limited to 8 Ante-Natal consultations per maternity.

Vitamins
Frequency: Iron Supplements.
Conditions: Limited to first 3 months of pregnancy.

HIV Screening
Frequency: Screen of first test per maternity event. Within 1st trimester (first three months) .
Conditions: Limited to one per beneficiary per year.

Pap Smear
Frequency: (6 weeks post partum) one per beneficiary per year.
Conditions: Limited to one per beneficiary per year.

Baby essentials
Baby bag with baby essentials for new born.

2022 MATERNITY BENEFITS
OPTION A & OPTION B.

SAMWUMED's Maternity Programme helps expecting moms to receive the help they need to better take better care of themselves and their unborn baby by taking advantage of a wide range of maternity preventative care and early detection benefits.

CONDITION

Expecting mothers have to register onto the Programme on: 0860 33 3387

Among information that will be required when registering is: Practice number of doctor, Hospital practice number for the birth, due date of birth, ICD10 codes and procedure codes.

DENTISTRY BENEFITS

2022 Benefits Option A

Member Only
Benefit Available:
R3 810

Member + 1
Benefit Available:
R4 540

Member + 2
Benefit Available:
R6 320

Member + 3
Benefit Available:
R7 620

BASIC DENTISTRY

Members and their dependents are covered for basic and advanced dentistry services depending on the option chosen. Dentistry is the treatment of diseases and other conditions that affect the teeth and gums.

OPTION A

The amounts reflected cover basic dentistry.

No benefit for advanced dentistry on Option A.

OPTION B

The amounts reflected cover basic dentistry.

Basic dentistry is subject to quantity protocols

Basic Dentistry benefits include:

Fillings

Root canal treatments (dental treatment for removing infection from inside a tooth and protecting a tooth from future infections.)

Scaling (which refers to deep cleaning of teeth that reaches below the gum line to remove plaque build-up).

Polishing

Extractions (removal of teeth).

Fissure sealants (treatment aimed at preventing tooth decay); and

Denture repairs (a removable plate or frame holding one or more artificial teeth).

Advanced Dentistry benefits include:

Orthodontists, crowns, bridge-work, inlays, root canal, treatment by periodontists, prosthodontists, dental technicians and any other anaesthetic procedure.

**Motivation, referrals and quotes required.*

2022 Benefits Option B

Member Only
Benefit Available:
R8 140

Member + 1
Benefit Available:
R9 350

Member + 2
Benefit Available:
R10 860

Member + 3
Benefit Available:
R12 230

CONDITIONS

Members have to claim according to the Scheme's approved cycles.

Full dentures -
Every three years

Partial dentures -
Every two years

RADIOLOGY - IN AND OUT OF HOSPITAL BENEFITS

2022 Benefits Option A

General out of Hospital
per family per year.
R2 520

Specialised in and out of Hospital
Per family per year.
R9 810

SAMWUMED offers its members **general and specialised radiology benefits.** In both cases in and out-of-hospital cover is provided.

Conditions
Protocols apply for specialised in and out-of-hospital benefits.

General in Hospital **Unlimited,** based on clinical protocols.

Subject to Pre – Authorisation.

**The general Radiology benefit has a separate In and Out of Hospital benefit*

2022 Benefits Option B

General out of Hospital
per family per year.
R10 040

Specialised in and out of Hospital
Per family per year.
R15 130

PATHOLOGY BENEFITS

2022 Benefits Option A

Limited to R4 960
per family per year.
Subject to Scheme Network.

SAMWUMED members are covered for both in and out of hospital pathology treatment (diagnosis of diseases based on the laboratory analysis of bodily fluids such as blood and urine, as well as tissues.)

*The Pathology benefit has a separate In and Out of hospital benefit. Pathology In hospital = Unlimited.
***Subjected** to clinical protocols.

2022 Benefits Option B

Limited to R10 040
per family per year.
Subject to Scheme Network.

APPLIANCES BENEFITS

2022 Benefits Option A

Member Only
Benefit Available:
R3 060

Member + 1
Benefit Available:
R4 320

Member + 2
Benefit Available:
R5 490

Members and their dependents are covered for medical and surgical appliances. This benefit is to help patients with movement challenges.

2022 Benefits Option B

Member Only
Benefit Available:
R6 750

Conditions
Members can enjoy this benefit subject to the following conditions:

- They have to submit a motivation, complete with costs for pre-authorisation or approval by the Scheme.
- Members have to be within their benefit limits and cycles in order to qualify.
- The Scheme (or contracted managed care company on behalf of the Scheme) may from time to time partner with other parties or centres of excellence in order to ensure cost effective and appropriate care.
- Members have to submit a motivation, quotation and referral letter for certain appliances.
- Some appliances requires a member to be registered for a chronic condition in order to obtain the appliance

PROSTHESES BENEFITS

2022 Benefits Option A

Internal
per family per year
R29 550

External
per family per year
R15 180

SAMWUMED provides cover for both internal and external prostheses. These are artificial body parts such as legs, arms and eyes.

Conditions

- Included with in-hospital benefit.
- Quotations from at least three (3) service providers are required.

2022 Benefits Option B

Internal
per family per year
R30 130

External
per family per year
R17 720

ANCILLARY BENEFITS 21

The Scheme allows members to be able to access or receive services from:

Occupational therapists

A health care professional who is trained to treat injured, ill, or disabled patients through therapeutic use of everyday activities. The patients develop, recover, improve, as well as maintain the skills needed for daily living and working.

Speech therapists

A health care professional who is trained to assist patients with speech and language problems to speak more clearly.

Audiologists

A health care professional who is trained to evaluate hearing loss and related disorders, including balance (vestibular) disorders and tinnitus (ringing in the ears) and to rehabilitate individuals with hearing loss and related disorders.

Dieticians

A health care professional who is trained to assist patients with expert advice on diet and nutrition.

2022 Benefits Option A		**2022 Benefits Option B**
Subject to sub-limit of **R2 430** per family per year **Included in Specialist consultations and procedures.**	**Conditions** Members will require a referral from a GP to access the benefits.	**R5 020** per family per year

22 PHYSIOTHERAPY & BIOKINETICS BENEFITS

2022 Benefits Option A

Out-of-Hospital
per family per year.
R2 250

The Scheme offers both **out-of-hospital** and in-hospital physiotherapy benefits treatment of sprains, back pain, arthritis, strains, reduced mobility, etc).

Conditions

- On both options, in hospital allows for 2 sessions and motivation is required thereafter.

**This benefit has a separate In and Out of hospital benefit*

2022 Benefits Option B

Out-of-Hospital
per family per year.
R5 020

Out-of-Hospital Sub Limit
per benefiary per year
R2 060

MENTAL HEALTH & SUBSTANCE DEPENDENCY

SAMWUMED covers its members for mental health and substance dependency (drug abuse), including hospitalisation. The benefits apply to consultations or visits as well as procedures.

Hospitalisation

Benefits for mental health and substance dependency include hospitalisation.

A referral from a specialist is required for mental health hospitalisation.

PMB conditions only.

Conditions

Out-of-Hospital:

- Per beneficiary (if not enrolled in Mental Health Programme).
- 10 Non PMB covered.

**For additional conditions, kindly refer to Referral Listing on Page 52 & 54 of this Member Guide.*

In-Hospital:

- Benefits are subject to the Scheme's network.
- Access to in and out of hospital benefit.
- Enrollment into a Mental Health Programme at private Hospital Network.
- Drug & Alcohol rehab standalone benefit.
- PMB conditions apply.

AMBULANCE SERVICES 23

Due to our understanding that sickness can strike anywhere, and at any time, we cover our members for Road and Air Ambulance Services.

Conditions

Members must note the conditions listed below when activating this benefit:

- The benefit is unlimited for emergency assistance only.
- Case management and protocols apply.
- Members can you use any ambulance service provider of their choice. **Conditions do apply.**
- Members will be held responsible for the full cost of the Road and Air Ambulance Services should it be determined that the costs were incurred unnecessarily and cannot be justified from a medical perspective.

INFERTILITY BENEFITS

Members are covered for infertility, commonly known as the inability by women (or men) of child bearing age to conceive children.

Conditions

- PMB conditions apply.
- Limited to PMB only for **Option A** and **Option B.**

24 ALTERNATIVE HEALTHCARE

2022 Benefits Option A

per family per year.
R2 420

This benefit is included in GP consultation and visits.

Our Scheme not only covers members for visits or consultations with General Practitioners (GPs),it also covers them for alternative healthcare services.

Members are allowed to consult healthcare practitioners listed below for treatments:

- Podiatrist (refers to the medical care and treatment of the human foot).
- Homeopath naturopath (which is the treatment of ailments through the use of natural medicine).
- Chiropractor (refers to the treatment of misaligned joints).

Conditions
The practitioners have to be registered with the **Health Professions Council of SA or Allied Health Professionals Council of South Africa.**

- **Excludes** medication for this benefit.
- **Excludes** X-rays done by Chiropractors**.**

2022 Benefits Option B

per family per year.
R3 700

This benefit is included in GP/Specialist consultation limits.

Table below represents 100% Contribution

Please speak to your HR about your Employer subsidy as this is different from employer to employer.

Option A

Salary band R0- R3 900	Salary band R3 901- R6 300	Salary band R6 301- R9 700	Salary band R9 701+
Principal Member 1 298,00	**Principal Member** 1 534,00	**Principal Member** 1 952,00	**Principal Member** 2 144,00
Adult Dep 1 298,00	**Adult Dep** 1 534,00	**Adult Dep** 1 952,00	**Adult Dep** 2 144,00
Child Dep 458,00	**Child Dep** 538,00	**Child Dep** 682,00	**Child Dep** 756,00
Member + Spouse 2 596,00	**Member + Spouse** 3 068,00	**Member + Spouse** 3 904,00	**Member + Spouse** 4 288,00
Member + Spouse + 1 Child 3 054,00	**Member + Spouse + 1 Child** 3 606,00	**Member + Spouse + 1 Child** 4 586,00	**Member + Spouse + 1 Child** 5 044,00
Member + Spouse + 2 Children 3 512,00	**Member + Spouse + 2 Children** 4 144,00	**Member + Spouse + 2 Children** 5 268,00	**Member + Spouse + 2 Children** 5 800,00
Member + Spouse + 3 Children 3 970,00	**Member + Spouse + 3 Children** 4 682,00	**Member + Spouse + 3 Children** 5 950,00	**Member + Spouse + 3 Children** 6 556,00
Member + 1 Child 1 756,00	**Member + 1 Child** 2 072,00	**Member + 1 Child** 2 634,00	**Member + 1 Child** 2 900,00
Member + 2 Child 2 214,00	**Member + 2 Child** 2 610,00	**Member + 2 Child** 3 316,00	**Member + 2 Child** 3 656,00
Member + 3 Children 2 672,00	**Member + 3 Children** 3 148,00	**Member + 3 Children** 3 998,00	**Member + 3 Children** 4 412,00
Member + 4 Children 3 130,00	**Member + 4 Children** 3 686,00	**Member + 4 Children** 4 680,00	**Member + 4 Children** 5 168,00

2022 CONTRIBUTIONS OPTION B

Table below represents 100% Contribution

Please speak to your HR about your Employer subsidy as this is different from employer to employer.

Option B

Salary band R0- R5 800	Salary band R5 801- R8 000	Salary band R8 001- R14 800	Salary band R14 801+
Principal Member 2 162,00	**Principal Member** 2 616,00	**Principal Member** 2 680,00	**Principal Member** 2 964,00
Adult Dep 2 162,00	**Adult Dep** 2 616,00	**Adult Dep** 2 680,00	**Adult Dep** 2 964,00
Child Dep 758,00	**Child Dep** 918,00	**Child Dep** 942,00	**Child Dep** 976,00
Member + Spouse 4 324,00	**Member + Spouse** 5 232,00	**Member + Spouse** 5 360,00	**Member + Spouse** 5 928,00
Member + Spouse + 1 Child 5 082,00	**Member + Spouse + 1 Child** 6 150,00	**Member + Spouse + 1 Child** 6 302,00	**Member + Spouse + 1 Child** 6 904,00
Member + Spouse + 2 Children 5 840,00	**Member + Spouse + 2 Children** 7 068,00	**Member + Spouse + 2 Children** 7 244,00	**Member + Spouse + 2 Children** 7 880,00
Member + Spouse + 3 Children 6 598,00	**Member + Spouse + 3 Children** 7 986,00	**Member + Spouse + 3 Children** 8 186,00	**Member + Spouse + 3 Children** 8 856,00
Member + 1 Child 2 920,00	**Member + 1 Child** 3 534,00	**Member + 1 Child** 3 622,00	**Member + 1 Child** 3 940,00
Member + 2 Children 3 678,00	**Member + 2 Children** 4 452,00	**Member + 2 Children** 4 564,00	**Member + 2 Children** 4 916,00
Member + 3 Children 4 436,00	**Member + 3 Children** 5 370,00	**Member + 3 Children** 5 506,00	**Member + 3 Children** 5 892,00
Member + 4 Children 5 194,00	**Member + 4 Children** 6 288,00	**Member + 4 Children** 6 448,00	**Member + 4 Children** 6 868,00

How to calculate your contribution as per your employment contract

1. **Establish your income before deductions to establish your income Band.**
2. **Sum the values in the respective columns for the principal Member and Beneficiaries.**
3. **Multiply the total by your contribution percentage as per your Employment Contract.**

PREVENTATIVE CARE BENEFIT(PCB).

Apart from ensuring our members do not find themselves in hospitals, the SAMWUMED Cares Wellness Programme and early detection benefit provides members with an opportunity to take ownership of their own health. Our amazing Programmes includes the following screenings:

SCREENING TESTS 2022

- **Screening Test:** Blood Pressure.
- **Age:** Adults aged 18 years and older.
- **2022:** Up to one screening Per beneficiary per year.

- **Screening Test:** Total Blood Cholesterol.
- **Age:** From age 20
- **2022:** Annually for high risk members

- **Screening Test:** Folic acid.
- **Age:** Childbearing age.
- **2022:** Up to 1 per month for the first 3 months of pregnancy.

- **Screening Test:** Mammogram.
- **Age:** Over the age of 45 until the age of 70.
- **2022:** Up to one screening Per beneficiary every two years until the age of 70.

- **Screening Test:** Bone Density Test.
- **Age:** 70 years and older for males
  65 years and older for females
- **2022:** Up to one Per beneficiary per year.

- **Screening Test:** Type II diabetes.
- **Age:** Adults.
- **2022:** Up to one screening Per beneficiary per year.

- **Screening Test:** Chlamydia
- **Age:** 18 years and older.
- **2022:** Up to one test per female beneficiary 18 years and older within a 2 year cycle. This should be done concomitantly with a Pap Smear.

- **Screening Test:** Faecal occult blood test.
- **Age:** 50 years and older.
- **2022:** Up to one screening Per beneficiary per year.

- **Screening Test:** Screening for prostate cancer.
- **Age:** Men between 45 - 75 years
  2022: Up to one Per beneficiary per year.
-

- **Screening Test:** Pap smear
- **Age:** 18 years and older
- **2022:** One test per female beneficiary within a 2 year cycle.

28 PREVENTATIVE CARE BENEFIT(PCB).

SCREENING TESTS 2022

- **Screening Test:** HIV.
- **Age:** All Ages.
- **2022:**Up to one test per beneficiary per year

- **Screening Test:** Flu vaccine.
- **2022:** Up to one vaccination per beneficiary per year.

- **Screening Test:** Child Immunisation.
- **2022:** As per Immunisations prescribed by the South African Expanded Immunisation Programme.

- **Screening Test:** HPV Vaccine.
- **Age:** Females 9 to 14 years.
- **2022:** Up to one vaccination per female beneficiary between age 9 and 14 years per annum. Vaccination includes 2 doses administered over 6 months in the same benefit year.

- **Screening Test:** Pertussis (Whooping Cough) Booster.
- **Age:** 7 yrs to 64 years.
- **2022:** Up to one vaccination per beneficiary between age 7 and 64 are eligible for the booster dose every 10 years.

- **Screening Test:** Cytology.
- **2022:** One test per beneficiary, every three years

- **Screening Test:** TSH screening.
- **Age:** Less than 1 month old.
- **2022:** Once-off for hyperthyroidism in new-borns.

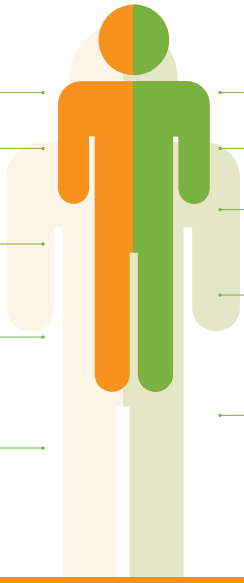
- **Screening Test:** HPV.
- **2022:** Up to one test per beneficiary every five years.

- **Screening Test:** Pneumococcal vaccine.
- **Age:** 65 years and older and for beneficiaries aged 2 to 64 years who are at risk of serious pneumococcal disease per lifetime.
- **2022:** Up to one vaccination per beneficiary.

- **Screening Test:** New born hearing test.
- **Age:** Before 6 weeks
- **2022:** One test per beneficiary,

SAMWUMED PRIMARY HEALTHCARE BENEFIT PROGRAMME

This unique benefit offers SAMWUMED members peace of mind should a member deplete his/her annual medicine benefit. In partnership with our pharmacy network, SAMWUMED has created a formulary (a specific list of most cost effective medicines) available over the counter for the 10 most common ailments:



Stomach pain, heartburn, indigestion (including reflux),

Acute gastroenteritis: vomiting and diarrhoea, (Option A x2, Option B x3

Upper and lower respiratory tract infections, (Option A x3, Option B x4)

Oral and topical candidiasis: thrush/fungal or yeastinfections Option Ax2, Option Bx3,

Helminthic infestation: worms, (Option A x2, Option B x2)

Headache, (Option A x4, Option B x6)

Bacterial conjunctivitis: eye infection, 2

Urinary tract infection (acute uncomplicated cystitis), (Option A x1, Option B x2)

Urticarial: skin rashes, insect bites and stings, (Option A x2, Option B x2

Treatment of wounds and/or infections of then skin/ subcutaneous tissues (excl. post- operative wound care), (Option A x2, Option B x2)

Subject to Scheme tariffs, members can access these from an approved pharmacist without paying extra money.

ENTITLEMENT TO BENEFITS

Beneficiaries are entitled to benefits as shown in Annexure B of the Scheme Rules, subject to the monetary limits and implementation restrictions set out herein, to the exclusions referred to in Annexure C of the Rules, to the general limitation and restriction of benefits set out in Annexure D of the Rules and to the procedural and other requirements set out in the Main Rules.

CHARGING OF BENEFITS, LIMITS

(INCLUDING OVERALL ANNUAL LIMITS),AND MEMBERSHIP CATEGORIES

The section headed **"SAMWUMED Option benefits available"** shows the extent to which the relevant benefit is limited annually or sub-limited in monetary or other terms. When that limit is reached no further benefits are available in the category.

The section headed **"Benefits"** shows how the cost of a valid claim shall be determined for the purpose of reimbursing the member or the supplier and the share of such cost that the Scheme will bear. The balance of the share of costs to make up 100% thereof shall be the member's responsibility, except for Prescribed Minimum Benefits.

THE OVERALL ANNUAL BENEFIT LIMITS ARE AS FOLLOWS

Option
Option **A**
LIMIT: R 866,000
per family per annum

Option
Option **B**
LIMIT: R1 731,000
per family per annum

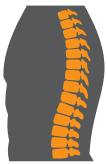
This simply means for any benefit utilisation during each annual cycle, the funds are deducted from the above available amounts, subject to the option a member belongs to.

A member/beneficiary will be required to obtain a referral number from his PFP for a specialist consultation. The following exceptions are applicable:

- 1 (one) Urologist consultation/ visit for male beneficiaries

  Gynaecological consultation/ visit for female beneficiaries
- Children under the age of 2 (two) years, for paediatric visits / consultations
- Alternative healthcare practitioners

- Dental practitioners, technologists and therapists
- Maternity benefits - Ante natal visits and consultations
- Oncologists, haematologists and credentialed medical practitioners during pre, active and/ or post active treatment periods



DBC BACK AND NECK REHABILITATION PROGRAMME

What is DBC?

1. Manage severe neck and back pain.
2. Restore the range of motion..
3. Improve muscle endurance.
4. Re-educate patients on the difference between normal physical loading and pain.

The DBC (Documentation Based Care) back and neck rehabilitation programme is a physiotherapy and rehabilitation programme that helps members and dependents who suffer primarily from back and neck problems.

It takes place at specific DBC Centres and consists of up to 12 sessions over a 6 week period. It helps patients to amongst others:

5. Restore muscle co-ordination and movement control.
6. Improve general condition.
7. Reduce fears and avoidance behaviour..
8. Tackle the psychological, social and occupational obstacles to return to normal daily living.

Programme Benefits

- The Scheme covers the full cost of the programme, so it won't impact your Day-to-Day benefits.
- An initial assessment is done to determine the level of treatment required.
- A personalised treatment plan for up to 6 weeks, including doctors, physiotherapists and biokineticists.
- Home care plan to maintain results in the long-term.

Registering on the Programme

Members can access the programme through various ways. For example:

- If admitted to hospital with back or neck surgery, pain management or specialised radiology.
- If a member is identified as being at risk of a back or neck admission within the next year.

  Referral by a specialist or Family Practitioner.
- A member may also contact the Member Contact Centre on **0860 106 155** should they experience chronic, ongoing back or neck pain.

32 PRESCRIBED MINIMUM BENEFITS ("PMB")

Prescribed Minimum Benefits as shown in Annexure A of the General Regulations, made in terms of the Medical Schemes Act 131 of 1998, override all benefits and limits indicated in this Annexure.

The Prescribed Minimum Benefits are available in conjunction with the Scheme's contracted managed health care programmes, which include the application of treatment protocols, medicine formularies, pre-authorisation and case management. These measures have been implemented to ensure appropriate and effective delivery of Prescribed Minimum Benefits. See Annexure D - paragraph 7 for a full explanation.

GENERAL BENEFITS AND LIMITS

Limitation and restriction of benefits

- In cases of an illness of a protracted nature, the Scheme shall have the right to insist upon a member or dependant of a member consulting any particular specialist, the Scheme may nominate in consultation with the attending provider.
- The Scheme may require a second opinion in respect of proposed health care service(s) which may result in a claim for benefits and for that purpose the relevant beneficiary shall consult a dental or medical provider nominated by the Scheme and at the cost of the Scheme. In the event that the second opinion proposes different health care service(s) to the first, the Scheme may in its discretion require that the second opinion proposals be followed, unless in terms of the managed health care programme.
- In cases where a specialist is consulted without the recommendation of a Family Practitioner, the benefit allowed by the Scheme may, at its discretion, be limited to the amount that would have been paid to the Family Practitioner for the same service.
- Unless otherwise decided by the Scheme, benefits in respect of medicines obtained on a prescription are limited to one month's supply (or to the nearest unbroken pack) for every such prescription or repeat thereof.
- If the Scheme or its managed health care programme contracted service supplier has funding guidelines or protocols in respect of covered services and supplies, beneficiaries will only qualify for benefits in respect of those services and supplies with reference to the available funding guidelines and protocols with due regard to the provision of Regulation 15(H) and 15(I).
- If the Scheme does not have funding guidelines or protocols in respect of benefits for services and supplies referred to in Annexure B, beneficiaries will only qualify for benefits in respect of those services and supplies if the Scheme or its managed health care programme contracted service supplier acknowledges them as medically necessary, and then subject to such conditions as the Scheme or its managed health care programme contracted service supplier may impose.

"MEDICALLY NECESSARY" REFERS TO HEALTH SERVICES OR SUPPLIES THAT MEET ALL THE FOLLOWING REQUIREMENTS:

- They are required to restore normal function of an affected limb, organ, or system;
- no alternative exists that has a better outcome, is more cost-effective, or has a lower risk;

- they are accepted by the relevant service provider as optimal and necessary for the specific condition, and at an appropriate level to render safe and adequate care;
- they are not rendered or provided for the convenience of the relevant beneficiary or service provider;
- outcome studies are available and acceptable to the Scheme in respect of such services or supplies;
- they are not rendered or provided because of personal choice or preference of the relevant beneficiary or service provider, while other medically appropriate, more cost-effective alternatives exist.

- The Scheme reserves the right **not** to pay for any new medical technology or, investigational procedures, interventions, new drugs or medicine as applied in clinical medicine, including new indications for existing medicines or technologies, unless the following clinical data relating to the above have been presented to and accepted by the Medical Advisory Committee and such data demonstrating their:
  - therapeutic role in clinical medicine;
  - cost-efficiency and affordability;
  - value relative to existing services or supplies;
  - role in drug therapy as established by the Schemes' managed health care programme contracted service supplier.
- In the event that:
  - the treatment of an extended chronic sickness condition becomes necessary;
  - a disease or a condition (including pregnancy) requires specialised or intensive treatment;
  - the treatment of any disease or condition becomes of a protracted nature or requires extended medicine and such treatment is given in or by a non-designated service provider or a preferred provider, the case may be evaluated in terms of the relevant managed health care programme and, having regard to the aforementioned diseases or conditions in question, the Scheme may require or advise:
  - the transfer as arranged by the Scheme of that beneficiary to designated service provider where appropriate care is available, with due regard to Regulation 8(3)(c);
  - the application of a limited drug formulary;
  - both such transfer and restricted drug formulary;
  - in order to conserve or maximise efficient utilisation of available benefits.
  - in order to conserve or maximise efficient utilisation of available benefits.
- In the event that a decision has been taken in terms of the paragraph above, the following conditions shall apply:
  - in respect of Prescribed Minimum Benefits, no benefit limit shall apply provided treatment is given in or by a designated service provider. If for any reason the beneficiary involuntarily receives treatment in or by a non-designated service provider, no co-payment applies;
  - in respect of non-Prescribed Minimum Benefit conditions, if the Scheme or its managed health care programme contracted service supplier should determine that any annual

benefit limits, as set out in Annexure B, and available to the beneficiary receiving such treatment, are likely to be exceeded in the course of the year, the beneficiary may be advised to move to a designated service provider or to accept a limited drug formulary, or both, in order to conserve available benefits.

- In such designated service provider any costs incurred over and above the limit stipulated in Annexure B (excluding Prescribed Minimum Benefit conditions), shall be the member's responsibility. The member may elect on behalf of himself or his beneficiary, to remain in the private hospital, or remain on the full drug formulary available, or both, in which event the Scheme shall pay up to the benefit limit stipulated in Annexure B, where after the member shall be responsible for payment, direct to the private hospital, for any further treatment in such hospital, or for payment direct to the supplier for further medicine.
- The Scheme (or its managed health care programme contracted service supplier on behalf of the Scheme) may from time to time contract with or credential specific provider groups (networks) or centres of excellence as determined by the Scheme in order to ensure cost effective and appropriate care. The Scheme reserves the right not to fund or partially fund services acquired outside of these networks, provided reasonable steps are taken by the Scheme to ensure access to the network, subject to Prescribed Minimum Benefits.
- The Scheme reserves the right not to pay for procedures performed by non-recognised providers.
- Certain procedures may be associated with a significant learning curve and/or are not taught routinely at local universities and/or require special training and experience, including that aimed at maintenance of expertise, and/or need access to certain infrastructure for quality outcomes, where such procedures have been identified by the Scheme's managed health care programme contracted service supplier. Recognised providers are those who have been acknowledged by meeting minimum training and practice criteria for the safe and effective performance of such procedures. Recognition occurs as a result of a formal application process by interested providers and adjudication of relevant information against competency guidelines by the managed health care programme contracted service supplier and/or appointed credentialing body. Criteria for formal recognition are informed by clinical evidence, clinical guidelines and/or expert opinion.

WHAT DOCUMENTS DO I NEED TO BECOME A MEMBER?

No matter which benefit option you take, SAMWUMED Medical Aid offers cover in full and as stipulated by Scheme Rules, for the diagnosis, treatment and care of an extensive range of medical conditions.

It's simple to become a member of SAMWUMED

Step 1:
Request and complete an APPLICATION FORM from our Sales & Servicing and Broker Consultants, our website at www.samwumed.org or via your HR office.

Step 2:
Submit your application with photocopies of SOUTH AFRICAN IDENTITY and supporting documents.

Step 3:
You will receive an SMS from SAMWUMED to confirm receipt of your application.

Step 4:
You will receive your SAMWUMED **WELCOME**

PACK which includes your Membership Guide and Membership Card.

What documents do I need to become a member?

South African ID Book/Card.

A sworn affidavit proving financial dependency for children over the age of 21. A spouse/ partner need to provide a marriage certificate or a sworn affidavit .

Legal documents of adopted/foster children.

Previous membership certificate.

Confirmation of banking details.

Salary slip.

NO LATE JOINING FEE PENALTIES: You do not pay late joiner fees when you join us.
WAITING PERIOD: General waiting period of up to one (1) month apply. Condition specific waiting periods of up to 12 months apply.

For more information members may contact the Membership Department via email at memberupdates@samwumed.org

SAMWUMED'S PREMIUMS AND MEMBERSHIP DEPARTMENT IS RESPONSIBLE FOR ALL ASPECTS OF MEMBERSHIP AND THE COLLECTION OF CONTRIBUTIONS.

All local government employees have the opportunity to change their medical aid options during the Freedom of Association period (also known as the "window period") from October until the end of November each year. Members who wish to make this change must notify the Scheme in writing by submitting an Option change form via their Human Resource Department by no later than 15 December of the same year. All benefit option changes must be confirmed by January each year.

Section 7 of the South African Local Government Bargain Council's Main Collective Agreement states that "medical scheme members may make an election regarding movement from one accredited medical scheme to another accredited medical scheme on an annual basis before 01 January".

MOVEMENT BETWEEN SCHEMES DURING THE YEAR IS NOT ALLOWED.

Membership application and dependant registration forms make provision for the disclosure of pre-existing health conditions. Failure to provide the appropriate information to the Scheme could lead to the termination of your or your dependant's membership. Single principal members are issued with one membership card and families receive two cards. The Scheme does not charge members for replacement of lost or stolen cards.

It is important that the Scheme has the correct identity numbers for members and dependants. Without it, you might not be able to use your benefits. Please contact the Scheme to ensure that we have your correct telephone numbers, address, and details of your dependants. If your information changes during the year, it is important to let the Scheme know by contacting 0860 104 117.

ALL INFORMATION THAT YOU DISCLOSE TO THE SCHEME IS CONSIDERED CONFIDENTIAL.
You should be mindful not to disclose information such as your membership number or hand over tax or membership certificates/cards to any third party.

REGISTERING DEPENDANTS 37

- To register a dependant, a Dependant Registration form must be completed and submitted to the Scheme via your Human Resource Department along with the required documentation such as copies of birth certificates when registering children; affidavits and marriage certificates for spouses and partners; proof of study and/or affidavits proving dependency for dependants over the age of 21.

- The Dependant Registration form makes provision for the disclosure of pre-existing conditions that prospective dependants might have. Depending on the severity of the condition(s), certain waiting periods may be considered by the Scheme before dependants can claim benefits.

- Failure to disclose these pre-existing conditions could limit or exclude a dependant from claiming benefits, according to provision 14.5 of the Scheme Rules, which states that "The Board may, in its absolute discretion, exclude from benefits or terminate the membership of a member or dependant whom the Board finds guilty of abusing the benefits and privileges of the Scheme by presenting false claims or making a material misrepresentation or non-disclosure of factual information or who, in the opinion of the Board, is guilty of misconduct that would either compromise the achievement of the aims and objects of the Scheme or bring the Scheme into disrepute. In such event, he or she may be required by the Board to refund to the Scheme any sum which, but for his or her abuse of the benefits or privileges of the Scheme, would not have been disbursed on his or her behalf."

CHILD DEPENDANTS

- A child dependant is someone up to the age of 21 but not older than 25 years. Student dependants must be attending a recognised educational institution and be without a regular income. To register a child dependant, a birth certificate, identity document, or affidavit (where the child's surname is not the same as the main member's) is required. **Proof of study or medical report must be submitted for child dependants who are students or mentally/physically disabled.**

- Grandchildren can be registered, provided that the member is responsible for their care and financial support. An affidavit confirming this dependency is required and this is subject to an annual review.

BIRTH OF A CHILD

- Members must notify the Scheme within 30 days of the birth of a child to qualify for immediate benefits. The birth certificate must be submitted along with the Dependant Registration form. A three-months waiting period will be imposed if the registration is not completed within this time.

38 REGISTERING DEPENDANTS

ADULT DEPENDANTS

- Adult dependants are 21 years and older and can be a spouse or partner. Spouses who are registered within 30 days of marriage will qualify for benefits immediately. A marriage certificate or affidavit must be submitted with the registration form.

  A three-month waiting period will be imposed if the registration is not completed within this time.

  Dependants over the age of 21, who are not spouses or partners, but are dependent on the main member for care and financial support, can be registered as adult dependants. An affidavit proving this dependency is required.

If you have any questions regarding membership or you want to update your details, please contact them using the below email addresses and contact number: -

Member Updates

Member/ dependant changes (member maintenance such as personal information change, contact details, dependant addition, dependant termination, outstanding documents (membership related), general membership queries (tax / membership certificate requests, card requests) etc.)

E: memberupdates@samwumed.org

New Member Application Form

E: newapps@samwumed.org

Member Terminations

E: resignations@samwumed.org

Option Changes

E: optionchanges@samwumed.org

Alternatively, you may contact us on our share call number 0860 104 117 or visit our web chats on our website at www. samwumed.org

EXCLUSIONS

WHAT DOES THE SCHEME NOT PAY FOR?

Exclusions: Any treatment, medications, appliances or similar that are not covered in terms of the Rules of the Scheme is regarded as an exclusion.

Refer to Annexure C, Scheme Rules.

***Download our Scheme Rules at www.samwumed.org, under member zone.**

40 INFORMATION ON ACCESSING YOUR BENEFITS EFFICIENTLY

GETTING AUTHORISATION FOR YOUR HOSPITAL STAY

- A Managed Care partner has been contracted by the Scheme to ensure that you and your dependants get cost efficient, quality care in hospital. Managed Care offers you useful advice and their team of doctors and nurses will make sure that you are admitted at the appropriate facility at the correct fee. **You must contact Managed Care for pre-authorisation on 0860 33 33 87, at least three (3) working days before a planned procedure or on the first working day after an emergency hospital admission to obtain an authorisation number for your treatment.**

- Authorisation requests for major surgery should be submitted at least thirty (30) days in advance to allow the Scheme to obtain a second opinion to ensure that you or your dependant receive appropriate treatment.

- It is important to note that pre-authorisation is compulsory for hospitalisation and failure to comply could result in a commensurate penalty.

WHY IS PRE-AUTHORISATION NECESSARY?

Pre-authorisation for hospital admissions and certain out-of-hospital care is a key component in managing your access to affordable, appropriate, safe and quality health care. Medscheme's pre-authorisation requests are adjudicated against clinical and funding guidelines as well as set criteria in recognising healthcare providers who are able to perform certain procedures. Once you are pre-approved, the healthcare provider and hospital account will then be paid according to your selected benefit option and available benefits.

WHEN DO YOU NEED TO CONTACT US FOR PRE-AUTHORISATION?

- Any procedure or treatment that clinically requires admission to hospital.
- Specialised radiology in- and out-of-hospital (MRI and CT Scans).
- Oncology Treatment.Renal Dialysis.
- Clinically appropriate home nursing, admission to a step-down facility and rehabilitation.
- Maternity admissions and confinements.

HOW DO I PRE-AUTHORISE?

Call 0860 33 33 87 (preferably 72 hours before the procedure is performed) and provide the following information when requesting an authorisation:

- membership number
- beneficiary details
- patient's date of birth
- planned date of treatment or admission to hospital
- name and practice number of the hospital/facility
- name and practice number of the doctor who is treating the patient in hospital
- relevant diagnosis and/or procedure codes
- if treatment will be in or out of hospital

WHAT IF I'M DIAGNOSED WITH CANCER?

- Register with the SAMWUMED Oncology Management Programme by calling 0860 33 33 87 or send an e-mail to cancerinfo@medscheme.co.za.
- A SAMWUMED Oncology case manager will provide support and guidance that will continue throughout your treatment.
- As soon as you and your team of doctors agree on a treatment plan, ask your doctor to forward it to the SAMWUMED Oncology Management Programme. An Oncology case manager will review the plan, discuss it with your doctor and advise on the outcome of your application.
- You will then receive an authorisation letter for the authorised treatment. If there are certain items that are not covered, you will need to discuss this with your doctor.
- Please ensure that your doctor informs the SAMWUMED Oncology Management Programme of any change in your treatment, as your authorisation will have to be re-assessed and updated accordingly to ensure that your claim(s) are not rejected or paid from the incorrect benefit.

WHAT HAPPENS IN AN EMERGENCY?

Don't worry. In the case of an emergency situation, you or a family member may pre-authorise the admission on the first working day after being admitted.

WHAT IS A PMB?

Prescribed Minimum Benefits (PMB) is a set of defined benefits that ensure you have access to certain minimum health services, regardless of the benefit option you have selected. In accordance with the Medical Scheme's Act, medical schemes have to cover the costs related to these conditions which include:

- Any emergency medical admission
- A limited set of 270 pre-defined medical conditions
- Twenty-six (26) chronic medical conditions

42 INFORMATION ON ACCESSING YOUR BENEFITS EFFICIENTLY

Your doctor will guide you in determining whether your condition falls into one of the PMB conditions. It is vital that you obtain a pre-authorisation for any PMB condition as your scheme may require you to be referred to a designated service provider so that all associated costs are in line with SAMWUMED's Scheme Rules.

WHAT IS CASE MANAGEMENT AND CARE CO-ORDINATION?

- While you are in hospital, our case managers will ensure that the appropriate length of stay, and level of care is provided at all times and that appropriate discharge planning takes place.
- Medscheme also focuses on care co-ordination to improve the quality of care that you receive while in hospital, and to improve your health status after you are dis- charged. The benefit of this is that, with your consent, we will share information about your condition, well-being and health within the different managed health care departments as well as with your nominated doctor.
- Co-ordinating your care is done through various interventions from pre-admission to eight weeks after you are discharged so that you receive the best health care; reduce your chances of re-admission and encourage you to take responsibility for your own health.
- Through care co-ordination you will receive a pre-admission hospital checklist (de- pending on your type of admission) that will assist you in preparing for hospitalisation and post discharge recovery. You will also be referred to various managed care services and appropriate healthcare providers as and when required.

CHECKING AVAILABLE BENEFITS

You can check your available benefits by logging onto the Scheme's website at www.samwumed.org. We have a new and interactive chat platform where members get to receive customer service from our Call Centre in real time by means of texting or voice call. No more long waits on telephone calls, you simply type your name at the bottom of the chat room and an agent will respond to you immediately.

OBTAINING PRE-AUTHORISATION FROM THE CALL CENTRE

The Call Centre can assist you with the pre-authorisation for procedures and tests done in doctors' or any other equipped procedure rooms, advanced dentistry such as orthodontics, crown and bridgework and appliances, for example: wheelchairs, walking frames or neck braces related to hospital admissions. **Also, look out for Multichannel Contact Centre where you will be able to use a Self-Service option, WhatsApp, speak to our agents by phone, SMS or Web Chat.**

BENEFITS THAT REQUIRE MOTIVATION AND/OR REFERRAL LETTERS

- Clinical motivation and cost estimates will be requested from your treating doctor or specialist before appliances are approved. Approved appliances would be subject to Scheme's list.
- Clinical motivation is required for all advanced dentistry procedures.
- To access the mental health or substance dependency benefit, clinical motivation will be required after the first two visits for continued sessions.
- Physiotherapy – clinical motivation required after two visits.
- Prostheses – clinical motivation and costing.
- Specialised radiology and radiography.

WHAT IS COVERED UNDER THE MEDICATION BENEFIT?

The medication benefit provides cover for acute/ prescribed, over the counter and chronic medication and the Primary Healthcare Programme. Chronic medication cover includes the diagnosis, medical management and medication of conditions on the Chronic Disease List (CDL) as provided under PMB legislation. The Scheme has contracted a medicine risk management department to provide a service to members and their registered dependants who need treatment for their chronic conditions which include the following:

- Makes sure that their chronic benefits are allocated accordingly.
- Access to expert advisors who will assess medication/ treatment.
- Useful advice and information regarding various chronic conditions.

HOW TO REGISTER AND OBTAIN MEDICATION FOR A CHRONIC CONDITION:

A chronic condition is a persistent or otherwise long-lasting illness that may be longer than three months or lifelong. SAMWUMED will cover for the diagnosis, treatment and care of 26 chronic conditions (PMBs), and five (5) and three (3) additional chronic (Non-PMB) conditions on Option A and Option B respectively such as:

Option A	Option B
Depression, Gout, Gord	Depression, Eczema, Gord, Gout, Menopause

SAMWUMED works with our Managed Care Partner to give members the best advice on the use of their chronic medication, as well as to ensure that their chronic benefits are correctly allocated

YOUR TREATING DOCTOR WILL NEED TO CALL OUR MANAGED CARE PROVIDER, MEDSCHEME ON 0860 33 33 87 TO REGISTER YOUR CHRONIC MEDICATION.

HIV MANAGEMENT PROGRAMME

SAMWUMED offers Members and Beneficiaries with HIV/AIDS complete HIV disease management assistance under its AID for AIDS Programme.

- Medicine to treat HIV, including drugs to prevent mother-to-child transmission.
- Treatment to prevent opportunistic or common infections as a result of HIV. For example, pneumonia and TB
- Regular monitoring of the disease and response to therapy.
- Regular tests to pick up possible side- effects of the treatment.
- Nurse-Line service which allows a patient to call a nurse whenever the need arises.
- Clinical guidelines and telephonic support for doctors.
- Help in finding a registered counsellor for emotional support.

Registering on the Programme

If you are diagnosed with HIV, your doctor must contact Aid for AIDS to register you on the HIV Management Programme

Contact info: Tel: 0860 100 646 or 083 410 9078 | Fax: 0800 600 773 | **Email:** afa@afadm.co.za


WE HAVE UNLOCKED
PRIVATE HEALTHCARE FOR MUNICIPAL WORKER

HOW AND WHEN TO USE THE SAMWUMED PRIMARY HEALTHCARE PROGRAMME BENEFIT

- You can only access the benefit after your acute, prescribed/ dispensed; and over-the-counter (PAT) medicine benefit has been depleted.
- The Scheme's Pharmacy Benefit Partner with a wide range of pharmacy networks across the country.
- Ask your pharmacist for the specific list of medicines that have been allocated to the condition that you need care for and remind them to include the correct ICD-10 code on the account.
- If you are unsure about your medicine benefits, please contact the SAMWUMED Call Centre for advice 0860 104 117.

This benefit provides you with a safety net by granting access to essential medicine benefits to treat ten common ailments every family can experience including but not limited to:

1. Stomach pain, heartburn, indigestion (including reflux)
2. Headache
3. Acute gastroenteritis: vomiting and diarrhoea
4. Bacterial conjunctivitis: eye infection
5. Upper and lower respiratory tract infections
6. Urinary tract infection (acute uncomplicated cystitis)
7. Oral and topical candidiasis: thrush/fungal or yeast infections
8. Urticarial: skin rashes, usually due to an allergic reaction; insect bites and stings
9. Helminthic infestation: tapeworm
10. Wound care and infections of the skin/ subcutaneous tissue (excluding post-operative care.)

It is important to note that there are sub-limits for each incident and that a specific list of suitable and cost-efficient medicines has been prepared by the Scheme so that you can obtain these from your pharmacist without paying extra. The details and guidelines for this benefit category are outlined in the benefit tables on page 12-13 for both options.

ADVICE FOR CURRENT MEDICAL SCHEME MEMBERS

If you are already a member of a scheme, read all the material such as options to change plans. Ensure that you understand how the benefit options operate and select according to your health-care needs and what you can afford. The registered Rules of medical schemes fully disclose detailed information regarding the relevant benefits and contributions. It is essential that you obtain the rules of the scheme or a summary thereof to verify all relevant information to enable you to make an informed choice. You can access **SAMWUMED's Rules on the website at www.samwumed.org.**

Some people choose to make use of an agent or broker (intermediary). Remember it is not compulsory to use a broker, but if you do ensure that he/she has been accredited by the CMS and that your selection of a scheme is based on informed consent.

46 THE COMPLAINTS PROCESS

WHO CAN COMPLAIN TO THE REGISTRAR'S OFFICE?

- Any beneficiary or any person who is aggrieved with the conduct of a medical scheme can submit a complaint.
- It is however very important to note that a prospective complainant should always first seek to resolve complaints through the complaint's mechanisms in place at the respective medical scheme before approaching the Council for assistance.
- You can contact your scheme by phone or writing to the Principal Officer of the scheme, giving her/him full details of your complaint.
- If you are not satisfied with the response from your Principal Officer, you can ask the matter to be referred to the Disputes Committee of your scheme.
- If you are not satisfied with the decision of the Disputes Committee, you can appeal against the decision within three months of the date of the decision to the Council. The appeal should be in the form of an affidavit directed to the Council.
- Complaints can be submitted by any reasonable means such as a letter, fax, e-mail or by post to Council for Medical Schemes (CMS) on **(086) 673 2466** (fax), **complaints@medicalschemes.co.za** (email) or by post to the Council for Medical Schemes Complaints Unit Private Bag X34, Hatfield,0028

Your complaints should be in writing, detailing the following:

Full names, membership number, benefit option, contact details and full details of the complaint with any documents or information that substantiates the complaint.

The Council for Medical Scheme's Complaints Adjudication Unit also provides telephonic advice and personal consultations, when necessary.

WHO CAN COMPLAIN TO THE REGISTRAR'S OFFICE?

The Council for Medical Schemes governs the medical schemes industry and therefore your complaint should be related to your medical scheme.

If your complaint is related to any other aspect of the health industry, please visit the relevant websites:

- For complaints against Health Professionals (doctors) and allied health professional such as physiotherapists, occupational therapists etc. – www.hpcsa.co.za or call 012 338 9300
- For complaints against Private Hospitals – www.hasa.co.za or call 011 784 6828
- For complaints against Nurses – www.sanc.co.za or call 012 420 1000
- For complaints against Brokers – www.faisombud.co.za or call 012 762 5000
- For complaints in respect of other health insurance products – www.osti.co.za (short term insurance ombudsman) or call 012 762 5000 or www.ombud.co.za (long term insurance ombudsman) or call 021 657 5000

TIME LIMITS FOR DEALING WITH COMPLAINTS

- Our aim is to provide a transparent, equitable, accessible, expeditious as well as a reasonable and procedurally fair dispute resolution process.
- The Registrar's Office will send a written acknowledgement of a complaint within 3 working days of its receipt, providing the name, reference number and contact details of the person who will be dealing with a complaint.
- In terms of Section 47 of the Medical Schemes Act 131 of 1998 a written complaint received in relation to any matter provided for in this Act will be referred to the medical scheme. The medical scheme is obliged to provide a written response to the Registrar's Office within 30 days.
- The Registrar's Office shall within four days of receiving the complaint from the administrator, analyse the complaint and refer a complaint to a medical scheme for comments.
- Upon receipt of the response from the medical scheme, the Registrar's Office will analyse the response in order to make a decision or ruling. Decisions/rulings will be made within 120 working days of the date of referral of a complaint and communicated to the parties.

THE REGISTRAR'S RULING AND APPEAL TO COUNCIL

Section 48 of the Act makes provision for any party who is aggrieved with the decision of the Registrar to appeal such a decision.

This appeal is at no cost to either of the parties.

An appeal must be submitted within three months and should be in the form of an affidavit directed to the Council. The operation of the decision shall be suspended pending review of the matter by the Council's Appeals Committee.

The secretariat of the Appeals Committee will inform all parties involved of the date and time of the hearing. This notice should be provided no less than 14 days before the date of the hearing.

The parties may appear before the Committee and tender evidence or submit written arguments or explanations in person or through a representative. The Appeals Committee may after the hearing confirm or vary the decision concerned or rescind it and give another decision they deem to be just.

THE SECTION 50 APPEAL'S PROCESS

Any party that is aggrieved with the decision of the Appeals Committee may appeal to the Appeal Board. The aggrieved party has 60 days within which to appeal the decision and must submit written arguments or explanation of the grounds of his or her appeal.

The Appeal Board shall determine the date, time and venue for the hearing and all parties will be notified in writing.

The Appeal Board shall be heard in public unless the chairperson decides otherwise.

48 THE COMPLAINTS PROCESS

The Appeal Board shall have the powers which the High Court has to summon witnesses, to cause an oath or affirmation to be administered by them, to examine them, and to call for the production of books, documents and objects.

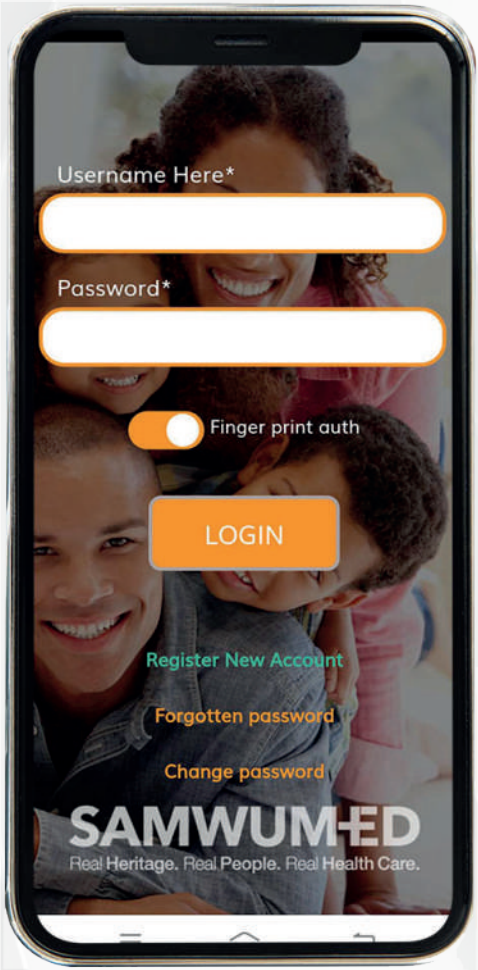
The decisions of the Appeal Board are in writing and a copy thereof shall be furnished to parties. The prescribed fee of R2000.00 is payable for Section 50 Appeals.

HOW TO AVOID COMPLAINTS

- Make sure you have read and understood your scheme rules.
- Study your benefit guide and familiarise yourself with the benefit option you have chosen.
- Read all correspondence from your scheme, e.g. newsletters and statements.
- Make sure your contributions are paid in full and on time each month.
- Remember: Avoid complaints by informing yourself!

The Council for Medical Schemes (CMS) protects and informs the public about their medical scheme rights and obligations, ensuring that complaints raised are handled appropriately and speedily. If you have any complaints against SAMWUMED. Contact CMS Complaints Unit on:

Fax: (086) 673 2466
E: complaints@medicalschemes.co.za
Or by post
The Council for Medical Schemes Complaints Unit
Private Bag X34
Hatfield
0028



Things just got even Better at SAMWUMED

We have added new features to our Mobile App. Now you can see your **Contributions, Benefits Limits, Claims,** and also get your **Tax** and **Member Certificates** on the Mobile App **-from anywhere and at any time.**

Don't miss out on convenience. You don't have to call and queue any more.

GET IT ON Google Play

Download the new and improved SAMWUMED APP from **www.samwumed.org** or the **Google Play Store.**

You need help with dowloading it? SMS your **name** and **number** to **47892** and we will call you back. 50 cents per SMS

SCHEME NETWORKS

GUIDE TO HOSPITAL NETWORKS

One of SAMWUMED's principles is to ensure access to quality healthcare services for all its members. To this end, Medscheme has been appointed by the Scheme to identify a hospital network on behalf of SAMWUMED taking into consideration the geographical distribution of members and facilities.

The intention is to negotiate reduced competitive tariffs (fees) as well minimum service standards for our members.

Benefits of a SAMWUMED Hospital Network

The benefits of establishing these networks are to improve access to quality health care and choice of services for members.

Other benefits are:

- Reduced cost of care for SAMWUMED members
- Improving the quality of care
- Ensuring Access to care
- Improving and supporting Broad-Based Economic Empowerment

The Scheme has contracted an **Acute Hospital, a Day Surgery and a Mental Health Facility network.** These will cover members on SAMWUMED **Option A** and **Option B**. The list of the hospital networks are available on the SAMWUMED website.

For any queries you may contact our Contact Centre on 0860 104 117 or engage with us via Web Chat function available on www.samwumed.org where we have qualified agent ready and waiting to assist you.

FREQUENTLY ASKED QUESTIONS (FAQ's)

WHAT IS A CO-PAYMENT?
This is the part of the account that a member might have to pay out of their own pocket where benefits do not cover the treatment or medication received.

WHAT IS THE SCHEME TARIFF?
The rate at which the Scheme pays for health services to service providers on behalf of members. It is based on the National Reference Price List published by the Department of Health.

MUST I GIVE NOTICE TO THE SCHEME IF I WISH TO TERMINATE MEMBERSHIP?
Yes, members must comply with the notice period stipulated in the Rules.

CAN A MINOR BECOME A MEMBER?
Yes, based on the following:

- With the assistance of his/her parents or guardian and provided that the relevant contributions are paid.
- Only if minor was a dependant on the medical aid when the main member passed away

CAN I OR MY DEPENDANTS BELONG TO MORE THAN ONE MEDICAL SCHEME AT A TIME?
No, the Medical Schemes Act 131 of 1998 prohibits it. No person shall be a member or dependant of more than one (1) medical scheme.

IS MEMBERSHIP OF A MEDICAL SCHEME AVAILABLE TO ANY PERSON?
Yes, except in a restricted membership scheme, where a particular employer, profession, trade, industry, calling or association has established a scheme exclusively for its employees or members.

MUST MY EMPLOYER SUBSIDISE MY CONTRIBUTIONS TO THE MEDICAL SCHEME?
No, subsidies are conditions of employment, and the Act does not address such conditions.

•IF I DO NOT CLAIM FROM MY MEDICAL SCHEME, MAY I RECEIVE A NO-CLAIM BONUS OR REBATE?
No, the Act prohibits the payment of bonuses, rebates or re-funding of a portion of contributions other than in respect of savings accounts in certain circumstances.

WHAT IS A DESIGNATED SERVICE PROVIDER (DSP)? -
A healthcare provider or group of providers that the Scheme has chosen to provide certain medical care for Prescribed Minimum Benefits.

HOW SOON WILL I BE ABLE TO USE MY BENEFITS AFTER REGISTERING AS A MEMBER OF THE SCHEME?
If you were registered in another medical scheme in the past 90 days for at least 2 years, benefits will be activated from the joining date, as soon as your application is successful. Secondly, if you join the scheme with no previous medical scheme membership, the waiting period is one month from the join date and 12 months for pre-existing conditions.

For more Frequently Asked Questions (FAQ's) download them from our website: www.samwumed.org under Member zone tab.

SAMWUMED REFERRAL LIST RULE

Discipline	Specialist	Referring discipline	Description
12	Dermatologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
17	Pulmonologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
18	Physician	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
19	Gastroenterologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
20	Neurologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
21	Cardiologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
22	Psychiatrist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
		81	Registered Counsellor
		86	Psychologist
		89	Social Worker
23	Medical Oncologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
26	Ophthalmologist	14	General Practitioner

Discipline	Specialist	Referring discipline	Description
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
		70	Optometrist
27	Haemotology	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
28	Orthopaedics	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
30	Otorhinolaryngologist	14	General Practitioner
		15	General Practitioner
		16	Gynaecology - Obstetrics
		32	Paediatrician
		50	Group Practice
		83	Audiologist
		90(3)	Ear and Voice Prosthetic Supplier
31	Rheumatologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
33	Paediatric Cardiologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
36	Plastic surgeon	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
40	Oncologist	14	General Practitioner
		15	General Practitioner
		16	Gynaecology - Obstetrics
		32	Paediatrician
		23	Oncologist
		50	Group Practice
46	Urologist	14	General Practitioner

Discipline	Specialist	Referring discipline	Description
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
64	Orthodontics	54	Dentist
66	Occupational Therapy	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
81	Registered Counsellor	14	General Practitioner
		15	General Practitioner
		22	Psychiatrist
		32	Paediatrician
		50	Group Practice
		86	Psychologist
		89	Social Worker
82	Speech Therapist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
83	Audiologist	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
84	Dietician	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice
86	Psychologist	14	General Practitioner
		15	General Practitioner
		22	Psychiatrist
		32	Paediatrician
		50	Group Practice
		81	Registered Counsellor
		89	Social Worker
89	Social Worker	14	General Practitioner
		15	General Practitioner
		22	Psychiatrist
		32	Paediatrician
		50	Group Practice
		81	Registered Counsellor
114	Paediatric Cardiology	14	General Practitioner
		15	General Practitioner
		32	Paediatrician
		50	Group Practice

CONTACT US

We have Consultants nation wide.

Western Cape

Name	Contact	Email	Area
Siqhamo Ntyole	066 300 4768	siqhamon@samwumed.org	Cape Town
Masande Ngada	072 340 4542	masanden@samwumed.org	Cape Town
Warren Elliot	082 819 9414	warrene@samwumed.org	Cape Town & Garden Route

Kwa-Zulu Natal

Name	Contact	Email	Area
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Free State

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Eastern Cape

Name	Contact	Email	Area
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CONTACT US

Gauteng

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Nanikie Ramokgaba	082 303 0377	nanikier@samwumed.org	Johannesburg
Sabina Lekganyane	072 340 4450	sabinal@samwumed.org	Johannesburg
Sabelo Fipaza	084 389 0402	sabelof@samwumed.org	Pretoria
Katlego Lesolang	064 890 8142	katlegol@samwumed.org	Pretoria
Jonah Ramushu	072 604 4121	jonahr@samwumed.org	Pretoria

Talk to us

Physical Address: Cnr Trematon &
Lascelles Streets, Athlone, Cape Town
Postal Address: P.O. Box 134, Athlone, 7760

OPERATING HOURS

Contact Centre: 08h30 -16h00, Mon – Fri
Weekends and Public Holidays: Closed

Share call: 0860 104 117
Telephone for the Contact Centre: 021 697 9000

Web chat: Available on our website: www.samwumed.org

Download our Mobile App at Google Play Store or www.samwumed.org

www.samwumed.org

SAMWUMED

SAMWUMEDHEALTH

SAMWUMED

MEDSCHEME

Hospital Benefit Management: 0860 33 33 87
Email: samwumed.authorisations@medscheme.co.za

Chronic Medicine Management: 0860 33 33 87
Email: samwumedcmm@medscheme.co.za

Oncology Management: 0860 33 33 87
Email: cancerinfo@medscheme.co.za

HIV MANAGEMENT – Aid for Aids (AfA)
Member Enquiries: 0860 100 646
Email: afa@afadm.co.za

FRAUD HOTLINE
Tel: 082 450 9539
Email: fraudreport@qforensic.co.za

COMPLAINTS
Do you have a complaint against SAMWUMED?
Contact Council for Medical Schemes (CMS) on:
Fax: 086 673 2466 Email: complaints@medicalschemes.co.za
or by post
The Council for Medical Schemes Complaints Unit
Private Bag X34
Hatfield
0028

DISCLAIMER:
This Member Guide is prepared and distributed for purposes of providing you with essential information to help you select the best benefit option for you and your family. It is not a full guide to the Scheme Rules and Benefits and does not supersede the Scheme Rules. All contributions and benefit options presented in the 2022 Member Guide are subject to the approval by the Council for Medical Schemes. Kindly familiarise yourself with your chosen benefit option and note where pre-authorisations, motivations and or letters of referral are required to access benefits

SAMWUMED

Real Heritage. Real People. Real Health Care.

Stepping Up our Game as SA's Caring Essential Service

www.samwumed.org | 021 697 9000 | **Sharecall:** 0860 104 117